

The Tellington Method

TTouch for YOU



Introductory Evening

with

Robyn Hood

(Senior Instructor, Canada)

Friday 6th Dec, 7.00 pm

While learning TTouch for their animals, horse and pet owners practiced these techniques on each other to better understand what their animals were experiencing.

Effectiveness of the TTouch for people became apparent.

Over the years, people of all ages realized a newfound sense of well-being and renewal using TTouch. They also got relief from everyday physical and emotional issues such as headaches, backache, neck pain, depression, and sensitivity to touch.

TTouch-for-You is used successfully for:

- Fostering a sense of well-being
 - Reducing stress
 - Pain relief in neck, back and legs
 - Migraine relief
 - Depression
 - Releasing unfounded fear and anxiety
 - Managing panic attacks
 - Management of arthritis pain
 - Stroke support
 - Enhancing focus and learning in classrooms
 - Helping youth at risk
 - Improved quality of life for seniors
 - Deepening interpersonal relationships
- And much more!

When: 7.00 pm Friday 6th December

Where: Warragul Community House

Cost: Donation to W'gul Comm House

For more information about
The Tellington Method
www.ttouch.com

Other Events:

Dec 6 Workshop - TTouch for You - Mayflower Ridge 9.30 am - 4.30 pm

Dec 7 - 11 Clinic - TTouch for Horses - Mayflower Ridge 9.00am - 5.00pm

Dec 9 Intro Evening - TTouch For Dogs + Other Companion Animals
- The Dog's Backyard, Pearce St, W'gul 7.00 pm

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